## Outreach Letter—Health Professional

Professional Address City, State, Zip

Dear \_\_\_\_\_,

GreySheeters Anonymous (GSA) offers hope for people who compulsively eat. We have members who are recovering from food addiction, compulsive overeating, bulimia and anorexia.

GreySheeters Anonymous is a 12-step program. GSA is non-profit and is not affiliated with any professional organization. We can serve as an independent resource to you and your patients.

GreySheeters Anonymous offers a program that includes a sponsor, a specific food plan that helps take away cravings, clearly defined parameters for food abstinence, accountability tools and support from a worldwide community. In GreySheeters Anonymous meetings, members share their experience, strength and hope. There are no dues or fees for GSA Membership.

For additional information, please visit us at <u>www.greysheet.org</u>.

Respectfully Yours,

## **Possible enclosures**

- Local meeting list
- Wallet Card
- Can't Stop Eating