

## 2026 CONNECTICUT GREYSHEET RETREAT

### "ABSTINENCE IN ACTION"

Join us for a Weekend of Abstinence, Renewal, Affirmation and Meditation

Friday, April 24<sup>th</sup> - Saturday April 25<sup>th</sup> - Sunday, April 26<sup>th</sup>

Ivoryton, Connecticut

The Incarnation Center is located on 680 lovely acres near the Connecticut shoreline.

For more information about the center visit ([www.incarnationcenter.org](http://www.incarnationcenter.org))

#### RESERVATION INFORMATION

Registration forms are now being accepted and **MUST** include a non-refundable \$50 deposit. Final Payment, in full, is due on or before April 10, 2026. All rooms will be assigned on a first-come first-served basis. **SPACE IS LIMITED**, so please reserve early. Spaces fill up quickly. There will be **NO REFUNDS** on cancellations made after April 17, 2026.

To receive the mailing address for registration and payment(s), please contact the Registration Chair, Linda L. - [ctretreat@yahoo.com](mailto:ctretreat@yahoo.com) or Retreat Chair, Jeri M. - [jeriminutillo@hotmail.com](mailto:jeriminutillo@hotmail.com)

#### THE FOOD, THE FOOD, THE FOOD

GREYSHEET meals are provided as noted below. If you have any special food needs, please inform us ahead of time so every effort can be made to make your weekend stay a pleasant one.

Friday: Dinner WILL NOT be provided

Saturday: GreySheet breakfast, lunch, and dinner

Sunday: GreySheet breakfast and lunch

#### ADDITIONAL INFORMATION

The GreySheet menu for the weekend, driving directions, and check-in instructions will be emailed to you as the date of the retreat approaches. No day trippers.

### REGISTRATION FORM MUST ACCOMPANY PAYMENT

#### PAYMENT METHODS:

VENMO: CTIG-DONATION

CHECK: PAYABLE TO "CASH" - "GSA APRIL RETREAT" ON MEMO LINE - *please email for home address.*

RETURN BOTTOM PORTION ONLY AND PLEASE PRINT INFORMATION CLEARLY

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SINGLE ROOM: \$295\_\_\_\_\_ DOUBLE ROOM: \$270.00 \_\_\_\_\_

(GRATUITY INCLUDED)

Name of person you wish to share a room with:

I am willing to upgrade or downgrade if necessary: YES \_\_\_\_\_ NO \_\_\_\_\_

NAME: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

PHONE: \_\_\_\_\_ (DAY) \_\_\_\_\_ (EVENING)

EMAIL ADDRESS: \_\_\_\_\_