GreySheeters Anonymous

NOVEMBER WORKSHOP

"Facing Life's Challenges...Abstinently"

A safe forum for open discussion

Aging in GreySheet

Nov 1, 2026

3:00–4:30PM Eastern

All are welcome!

Zoom ID: 850 6000 0366

Universal Password

This workshop will provide encouragement, shared experience, and practical tools to help us navigate aging while staying abstinent.

For more information
go to the GSA website
https://www.greysheet.org